

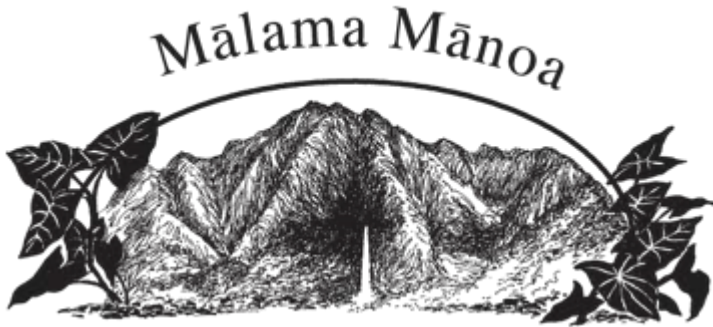
2026 - 2027

# MĀNOA

COMMUNITY DIRECTORY



Mālama Mānoa



The mission of Mālama Mānoa is to  
promote community; celebrate  
our cultural diversity and heritage;  
and preserve, protect, and enhance  
the special qualities  
of historic Mānoa Valley.

**Mānoa Community Directory** was created as a service project by Mālama Mānoa volunteers in 2020.

Its aim is to enable those who live, work, study, worship and play in Mānoa to find and expand networks, partners and connections for the betterment of our community.

While this directory is not all-inclusive, we hope that you find it a useful tool.

This is a living document and the information is subject to change. The date of each entry is listed to help you know how current the information may be.

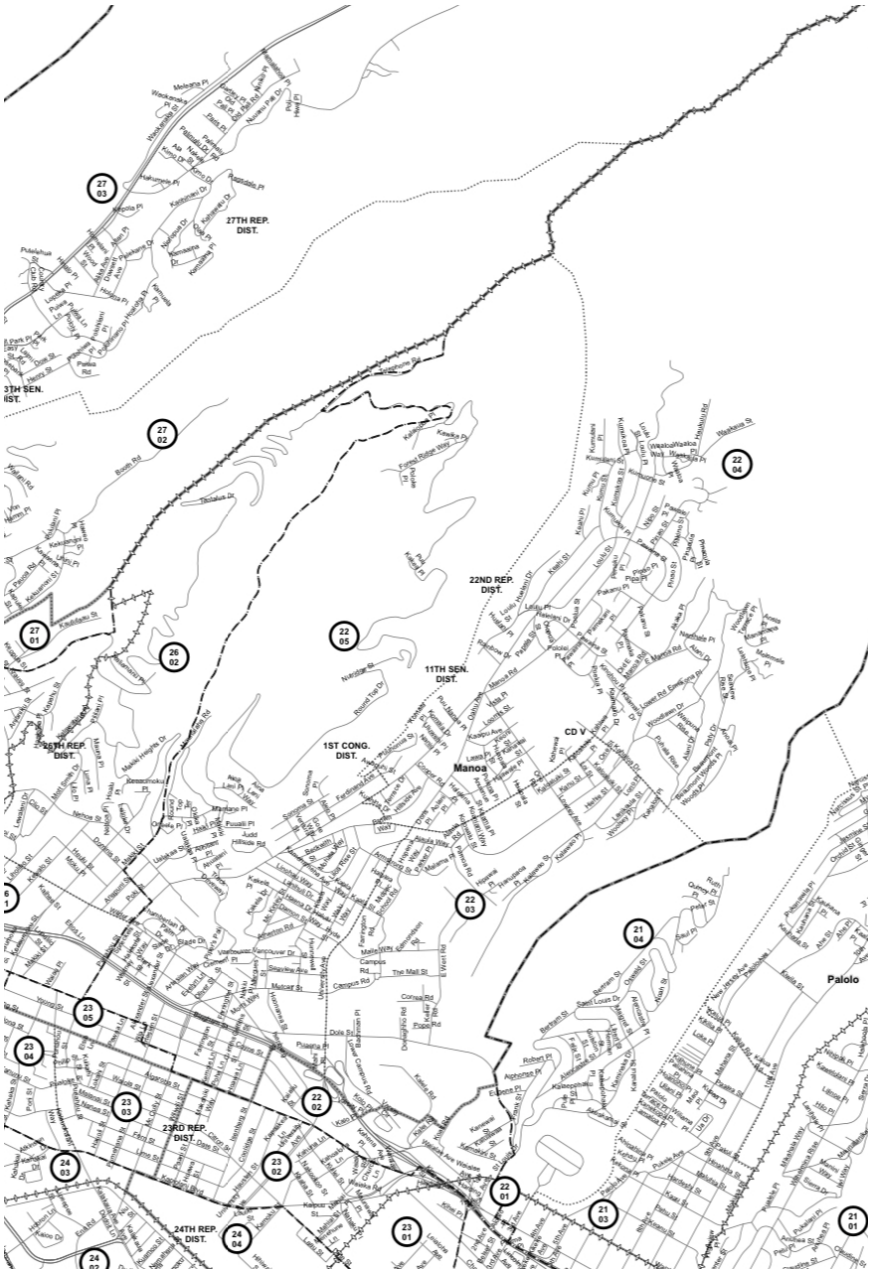
We will do our best to update entries as new information is received, and we appreciate your help by letting us know when updates are needed.

Please do not use Mānoa Community Directory to advertise any commercial or other for-profit activities.

# Table of Contents

State House District 22 Map.....	5
Elected Representatives.....	6
Art.....	8
Beauty.....	10
Clubs & Associations.....	12
Services.....	19
Education.....	27
Faith-Based Organizations.....	36
Financial Institutions.....	44
Health.....	47
Hostels/Inns.....	51
Kupuna Care.....	52
Non-Profit Organizations.....	56
Restaurants.....	61
Retail.....	72
Mānoa Valley Trails.....	79

# State House District 22



This map shows the boundaries used for the purposes of this directory

# Elected Representatives

## Federal

### **Representative Ed Case**

2210 Rayburn House Office Building

Washington, DC 20515

Phone: 202-225-2726

1003 Bishop Street, Suite 1110

Honolulu, HI 96813

Phone: 808-650-6688

Website: <https://case.house.gov>

### **Senator Brian Schatz**

722 Hart Senate Office Building

Washington, DC 20510

Phone: 202-224-3934

300 Ala Moana Boulevard, Rm 7-212

Honolulu, HI 96850

Phone: 808-523-2061

Website: [www.schatz.senate.gov](http://www.schatz.senate.gov)

### **Senator Mazie Hirono**

109 Hart Senate Office Building

Washington, DC 20510

Phone: 202-224-6361

300 Ala Moana Boulevard, Rm 3-106

Honolulu, HI 96850

Phone: 808-522-8970

Website: [www.hirono.senate.gov](http://www.hirono.senate.gov)

## Elected Representatives

### State

#### **Governor Josh Green**

Hawai'i State Capitol, Executive Chambers  
415 South Beretania Street  
Honolulu, HI 96813  
Website: [www.governor.hawaii.gov](http://www.governor.hawaii.gov)

#### **Lieutenant Governor Sylvia Luke**

Office of the Lieutenant Governor  
Hawai'i State Capitol  
415 South Beretania Street  
Honolulu, HI 96813  
Website: <https://ltgov.hawaii.gov>

#### **State Senator Carol Fukunaga**

Senate District 11  
Hawai'i State Capitol  
415 South Beretania Street  
Honolulu, HI 96813  
Email: [senfukunaga@capitol.hawaii.gov](mailto:senfukunaga@capitol.hawaii.gov)

#### **State House Representative Andrew Garrett**

House District 22  
Hawai'i State Capitol  
415 South Beretania Street  
Honolulu, HI 96813  
Email: [repgarrett@capitol.hawaii.gov](mailto:repgarrett@capitol.hawaii.gov)

## Elected Representatives

### CITY

#### **Mayor Rick Blangiardi**

Office of the Mayor

Honolulu Hale

530 South King Street, Rm 300

Honolulu, HI 96813

Email: [mayor@honolulu.gov](mailto:mayor@honolulu.gov)

Phone: 808-768-4141

Website: [www.honolulu.gov/mayor](http://www.honolulu.gov/mayor)

#### **Councilmember Scott Nishimoto**

City and County of Honolulu, District 5

Email: [scott.nishimoto@honolulu.gov](mailto:scott.nishimoto@honolulu.gov)

530 South King Street

Honolulu, HI 96813

Phone: 808-768-5005

## Art

#### **East-West Center Gallery/Arts Program**

The East-West Center Gallery presents performances and exhibitions by the finest artists and performers in the Asia Pacific region.

## Art

### **East-West Center Gallery/Arts Program continued**

John Burns Hall,

1601 East-West Road, Honolulu, HI 96848

Email: [arts@eastwestcenter.org](mailto:arts@eastwestcenter.org)

Phone: 808-944-7177

Website: <https://arts.eastwestcenter.org>

Hours: Monday - Friday: 7:45am - 4:30pm

Sunday 12pm - 4pm

Free admission; donations are welcome

**4/26**

### **John Young Museum of Art**

The museum is a venue for Asian-Pacific artists-in-residence, art history exhibitions, and student-centered programming that promote, support and sustain museum education initiatives for UH Mānoa and the local community.

Krauss Hall

2500 Dole Street, Honolulu, HI 96822

Email: [gallery@hawaii.edu](mailto:gallery@hawaii.edu)

Phone: 808-956-7198

Website: <https://hawaii.edu/johnyoung-museum>

Hours: Tuesday - Friday, Sunday: 12pm - 4pm

Free admission

**4/26**

## Art

### **University of Hawaii, The Art + Commons Gallery**

ART Building

2535 McCarthy Mall,

Honolulu, Hawai'i 96822

Website: <https://hawaii.edu/art/exhibitions-events-museum/>

Email: [gallery@hawaii.edu](mailto:gallery@hawaii.edu)

Hours: Tuesday - Friday, Sunday: 12pm - 4pm

Phone: 808-956-6888

Free admission

## Beauty

### **Finca Beauty Salon**

A Japanese-style beauty salon providing a quality environment in Hawai'i that is no different from that of Tokyo.

2801 East Mānoa Road, Honolulu, HI 96822

Email: [finca\\_salon@icloud.com](mailto:finca_salon@icloud.com)

Phone: 808-988-3717

Website: <https://fincahawaii.com/en>

Hours: Monday - Sunday: 9am - 7pm

**4/26**

### **Mānoa Nails**

Mānoa Marketplace, 2nd Floor

2752 Woodlawn Drive, Suite 5-201

Honolulu, HI 96822

Phone: 808-988-4166

Hours: Monday, Wednesday - Sunday 9am - 5pm

**4/26**

10

## Beauty

### **Salon Kai**

Hair styling for men, women and children.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-219, Honolulu, HI 96822

Phone: 808-988-0002

Hours:

Monday - Tuesday: 8:30am - 5:30pm

Wednesday - Friday: 8:30am - 8pm

Saturday - Sunday: 8:30am - 4:30pm

**4/26**

### **Supercuts**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-112, Honolulu, HI 96822

Phone: 808-988-6352

Website: <https://manoamarketplacehawaii.com/tenant/supercuts/>

Hours:

Monday - Saturday 9am - 7pm

Sunday 9am - 5pm

**4/26**

## Beauty

### **Sustainery Hair Studio**

At the Sustainery Hair Studio, we strive for a positive and healthy atmosphere with an eco-friendly approach. We work to provide the highest quality services, in a space that is creative and stress free.

2752 Woodlawn Drive, Suite 5-209, Honolulu, HI 96822

Email: [info@sustaineryhairstudio.com](mailto:info@sustaineryhairstudio.com)

Phone: 808-724-4297

Website: <https://sustaineryhairstudio.com>

Hours: Monday- Sunday: 9am - 7pm

Owner: Anjalee Middleton

**4/26**

## Clubs & Associations

### **Anthroposophical Society of Hawai'i**

The Anthroposophical Society provides a setting for individuals seeking to unfold their soul and spiritual capacities and place them in the service of humanity and the earth. Following the teachings of Rudolf Steiner (1861-1925).

2514 Alaula Way

Honolulu, HI 96822

Email: [anthroposophyhawaii@gmail.com](mailto:anthroposophyhawaii@gmail.com)

Phone: 808-395-1268

Website: <http://anthroposophyhawaii.org>

**4/26**

## Clubs & Associations

### **Scouting America: Aloha Council**

Scouting America delivers the promise of Scouting to youth in Hawai'i on the islands of O'ahu, Kaua'i, Maui and Hawai'i, and in the U.S. territories of American Samoa, Guam, and the Commonwealth of the Northern Mariana Islands.

42 Puiwa Road  
Honolulu, HI 96817

Contact: Ed Nishioka (Director of Development)

Email: [scoutinghawaii@scouting.org](mailto:scoutinghawaii@scouting.org)

Billy Rayl (Field Director) 808-380-5436

Phone: 808-595-6366

Website: [www.scoutinghawaii.org](http://www.scoutinghawaii.org)

**4/26**

### **Cub Scouts (Grades K-5)**

#### **Pack 1 (Family Pack - Boys & Girls)**

Chartered Organization: Friends of Pack 1

Meeting Location: Punahou School

Cubmaster: Jason Fleming

Email: [workingtheticket@gmail.com](mailto:workingtheticket@gmail.com)

**4/26**

## Clubs & Associations

### **Pack 33 (Boy Pack)**

Chartered Organization: Mānoa Elementary

Meeting Location: Mānoa Elementary

Cubmaster: Reid Sasaki

Email: reid@hawaii.rr.com

### **Troop 36 (Boy Troop)**

Chartered Organization: American Legion HP#1

Meeting Location: McCully Community Center

Scoutmaster: Alan Murakami

Email: alankmurakami@gmail.com

### **Scouts BSA (Ages 11-17)**

#### **Troop 1 (Boy Troop)**

Chartered Organization: Friends of Troop 1

Meeting Location: Punahou School

Scoutmaster: Clayton Pang

Email: cpang245@ethahawaii.com

Phone: 808-522-1866

#### **Pack 35 (Boy Pack)**

Chartered Organization: Noelani School

Meeting Location: Noelani School

Scoutmaster: Bradley Araki, Mike Nitta

Email: bradleyaraki@gmail.com

pack35hawaii@gmail.com

## Clubs & Associations

### **Scouts BSA (Ages 11-17) continued**

#### **Troop 35 (Boy Troop)**

Chartered Organization: Noelani School

Meeting Location: Noelani School

Scoutmaster: Mark Miyamoto

Email: [eynamar@msn.com](mailto:eynamar@msn.com)

#### **Troop 33 (Boy Troop)**

Chartered Organization: Mānoa Elementary

Meeting Location: Mānoa Elementary

Scoutmaster: Shaun Murakami

Email: [contact@troop33manoa.com](mailto:contact@troop33manoa.com)

Phone: 408-372-6860

#### **Troop 11 (Girl Troop)**

Chartered Organization: Friends of Pack 1

Meeting Location: Punahou School

Scoutmaster: Jamie Steele

Email: [simpsonsteele@gmail.com](mailto:simpsonsteele@gmail.com)

Membership: Kevin Kawahara

Email: [kevin.kawahara@gmail.com](mailto:kevin.kawahara@gmail.com)

#### **Troop 777 (Boy Troop)**

Chartered Organization: Central Union Church

Meeting Location: Central Union Church

Scoutmaster: Laury McCarthy

Membership: Shari Young

Email: [membership@troop777.org](mailto:membership@troop777.org)

## Clubs & Associations

### **Girls Scouts of Hawai'i**

Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

Phone: 808-595-8400

Website: [www.gshawaii.org](http://www.gshawaii.org)

Mānoa Service Unit Manager: Clinton Wong

Membership & Recruitment Specialist: Jheanelle Garvida

Phone: 808-675-5513

### **Hui o Mānoa**

A club for seniors. Includes excursions, guest speakers, special activities, and community service.

Meets Wednesdays from Sept to May at Manoa District Park

Contact: Kimberly Okaneku

Phone: 808-768-6703

### **Lin Yee Chung Association (Mānoa Chinese Cemetery)**

Established as the first Chinese benevolent association in Hawai'i in 1851, to serve the Chinese community's need for a final resting place for our ancestors.

3430 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-5543

President: Charles Wong (Phone: 808-779-6189)

Superintendent/Operations Director: Robert Wong

Email: [rwong778@gmail.com](mailto:rwong778@gmail.com)

Phone: 808-779-6189

## Clubs & Associations

### **Mānoa Lions Club**

To develop an environment of fellowship, mutual trust, and understanding through which the Lions of District 50 Hawai'i can advance the humanitarian purposes of Lions Clubs International, and to develop leaders who will lead us toward the attainment of our goals. Organizes annual Christmas parade with the motto being "we serve."

P.O. Box 22866, Honolulu, HI 96828

Email: [manoalions@gmail.com](mailto:manoalions@gmail.com)

Website: <https://e-clubhouse.org/sites/honolulumw>

James Yamashita

Meetings: 2nd Wednesday and 4th Wednesday monthly at 6:30 p.m at Maple Gardens Restaurant, 909 Isenburg Street, Honolulu, HI 96826

**4/26**

### **Blue Zones Project - Mānoa Makiki, McCully, Moiliili**

Our mission is to enhance the well-being of Hawai'i's people by continually improving the environments where we live, work and play.

P.O. Box 235837, Honoulu, HI 96823

Phone: 808-292-8754

Website: <https://info.bluezonesproject.com/bzphawaii>

**4/26**

## Clubs & Associations

### **Institute for Astronomy (University of Hawai'i)**

Goals: Explore the origin and nature of the Universe, and of the galaxies, stars, planets and other matter that it contains; Develop new technologies for use in ground-based and space-based observatories; Spread the understanding of astronomy through our graduate courses and through public education.

2680 Woodlawn Drive, Honolulu, HI 96822

Phone: 808-956-8312

Website: [www.ifa.hawaii.edu](http://www.ifa.hawaii.edu)

Director: Doug Simons

**4/26**

### **Lyon Arboretum (University of Hawai'i)**

To inspire and cultivate the conservation of tropical plant biodiversity, and connect it to the culture of Hawai'i through education and research.

3860 Mānoa Road, Honolulu, HI 96822

Phone: 808-988-0456

Website: <https://manoa.hawaii.edu/lyon>

Hours: Monday - Friday 9am - 3pm (Open to Public)

Education Manager: Raedelle Van Fossen

([raedelle@hawaii.edu](mailto:raedelle@hawaii.edu))

Phone: 808-988-0461

Interim Director: Don Drake

Email: [dondrake@hawaii.edu](mailto:dondrake@hawaii.edu) / 808-988-0457

**4/26**

## Services

### **Magoon Research Station (University of Hawai'i)**

Part of the University of Hawai'i at Mānoa College of Tropical Agricultural and Human Resources.

2717 Woodlawn Drive, Honolulu, HI 96822

Phone: 808-956-8139 / 808-956-7138

Hours: Monday - Friday 7:30am - 4:30pm

Contact: [contact@ctahr.hawaii.edu](mailto:contact@ctahr.hawaii.edu)

**4/26**

### **Mānoa Fire Station (Company 22)**

2850 East Mānoa Road, Honolulu, HI 96822

Fire Chief: Sheldon Hao

Captain: Kevin Mokulehua

Phone: 808-723-7139

**4/26**

### **Mānoa Innovation Center (MIC)**

The MIC brings together the best of Hawai'i's intellectual and physical resources. MIC serves as an incubation space for new and early-stage technology companies.

2800 Woodlawn Drive

Honolulu, HI 96822

Paul Yee (Contact for space availability and pricing)

Email: [pyee@chaneybrooks.com](mailto:pyee@chaneybrooks.com)

Phone: 808-386-9849

**4/26**

## Services

### **Office of the Vice President for Research and Innovation**

2425 Campus Road, Sinclair 10, Honolulu, HI 96822

Email: [uhovopri@hawaii.edu](mailto:uhovopri@hawaii.edu)

Phone: 808-956-5006

Website: <http://research.hawaii.edu>

**4/26**

### **Mānoa Laundry**

Self-Service Laundromat

Mānoa Marketplace, 2752 Woodlawn Drive, Suite 7-102

Honolulu, HI 96822

Hours: Daily Open 24 Hours

Phone: 808-289-7955

**4/26**

### **Mānoa Neighborhood Board No. 7 Neighborhood Commission Office**

To assure and increase community participation in the decision-making process of government. Meets monthly on the first Wednesday at 7pm.

Subdistrict 1:

Ellen Watson, [pehi@hawaii.rr.com](mailto:pehi@hawaii.rr.com), 808-778-0309

Robert Zane, [zanero9141@gmail.com](mailto:zanero9141@gmail.com)

Whitney Bosel, [wboselmnb@gmail.com](mailto:wboselmnb@gmail.com)

## Services

### **Mānoa Neighborhood Board No. 7 Neighborhood Commission Office continued**

Subdistrict 2:

Elton Fukumoto, etfukumoto@gmail.com

Dave Nagaji, davenagaji@gmail.com, 808-291-3091

Dave Fields, dave3@hawaii.edu

Subdistrict 3:

Christ Moylan, drcmoylan@gmail.com, 408-340-8807

Diane Chong, dchonghawaii@gmail.com, 808-843-3873

Joan Koff, joankoff@yahoo.com

Ellen Sofio, honsofio@aol.com

Philmund “Phil” Lee, philmund@gmail.com

Subdistrict 4:

Robert Fox, rfoxent@gmail.com, 808-256-1071

Patty Kawano, lowermanoa@gmail.com

Joseph Mishreki, joseph.mishreki@gmail.com

Lisa Carter, lisakealacarter@gmail.com

Jane Fyrberg, janefyrberg@yahoo.com

**4/26**

### **Mānoa Neighborhood Security Watch (NSW)**

NSW members are the HPD’s eyes and ears; they are the most important element of the program to provide a vital link to solving crime.

NSW Coordinator: Norman Wong

Email: manoavnws@gmail.com

## Services

Phone: 808-944-1993

**4/26**

### **District 7 - Community Policing Team**

Team Contact: 808-723-3354

Administrative Office: 808-723-3369

**4/26**

### **Mānoa Public Library**

The Hawai'i State library system nurtures a lifelong love of reading and learning through its staff, collections, programs, services and physical and virtual spaces.

2716 Woodlawn Drive,  
Honolulu, HI 96822

Email: [stlib@librarieshawaii.org](mailto:stlib@librarieshawaii.org)

Phone: 808-988-0459

Website: [www.librarieshawaii.org/branch/manoa-public-library](http://www.librarieshawaii.org/branch/manoa-public-library)

Hours: Monday, Tuesday and Saturday 9am – 4pm

Wednesday, Thursday 12pm – 7pm

Friday 11am – 4pm

Mānoa Head Librarian: Nicholas Cho

Phone: 808-988-0459

Head State Librarian:

Stacey Aldrich (808-586-3704)

**4/26**

## Services

### **Mānoa Valley District Park**

Office Phone: 808-768-6703

**4/26**

### **Mānoa Valley Theatre/Hawaiian Graveyard**

To entertain and enrich Hawai'i's audiences and artists through the production and promotion of live theatre.

2833 East Mānoa Road, Honolulu, HI 96822

Email: [businessoffice@manoavalleytheatre.com](mailto:businessoffice@manoavalleytheatre.com)

Phone: 808-988-6131

Website: <https://manoavalleytheatre.com>

Executive Director: Kathleen Young

Assistant Director: Robert Duval

**4/26**

### **Mānoa Valley Veterinary Clinic**

2764 Woodlawn Drive, Honolulu, HI 96822

Hours: Monday - Friday 7am - 6pm

Saturday - Sunday 9am - 4pm

Phone: 808-465-8000

Website: <https://manoavalleyvet.com>

Dr. John Kaya

Dr. Cheyenne Fry

Dr. Eric Ako

Dr. Erin Kwock

Dr. Ashley Nakaoka

**4/26**

### **Mō'ili'ili Community Center**

To “enriching our lives and our Moiliili Community”

23

## Services

### **Mō'ili'ili Community Center continued**

by providing the residents of Moiliili and surrounding communities with the support, services, and programs to enhance individual, family, and community life.

2535 South King Street  
Honolulu, Hawaii 96826  
Phone: (808) 955-1555

Email: [office@moililicc.org](mailto:office@moililicc.org)  
website: <https://www.moililicc.org/>

Executive Director : Nadine Nishioka  
Hours: Monday to Friday 8am - 5pm

**4/26**

### **Nā Ala Hele Trail and Access**

“Nā Ala Hele” is the State of Hawaii Trail and Access Program established in 1988 in response to public concern about the loss of public access to certain trails and the threat to historic trails from development pressure. Nā Ala Hele has become increasingly engaged in trail management and regulatory issues due to both public and commercial recreational activities and emerging legal issues. Nā Ala Hele is administered by the Division of Forestry and Wildlife – Department of Land and Natural Resources.

2135 Makiki Heights Drive, Honolulu, HI 96822  
Phone (Division of Forestry ‘n’ Wildlife): 808-973-9778

## Services

### **Nā Ala Hele Trail and Access continued**

Website: <https://dlnr.hawaii.gov/recreation/nah/>

O'ahu Trail & Access Specialist: Aaron Lowe

Email: [aaron.j.lowe@hawaii.gov](mailto:aaron.j.lowe@hawaii.gov)

### **Nextdoor**

Nextdoor is where you connect to the neighborhoods that matter to you so you can belong. Neighbors around the world turn to Nextdoor daily to receive trusted information, give and get help, get things done, and build real-world connections with those nearby - neighbors, businesses, and public services. A new account is REQUIRED. Service is FREE. Join the Nextdoor community!

Website: <https://nextdoor.com>

### **Mānoa Stream Monitoring & Mitigation (Volunteer Group)**

If you live along Manoa Stream, within storm water drainage canals, or in FEMA flood-prone areas, it's crucial to mitigate risks. Public reporting is needed for maintenance of the stream, street drains, and drainage canals to prevent future floods. We attend meetings to remind city and state officials of this need and monitor the stream during flood watches and warnings. Everyone is welcome to join us.

Email: [glenn.otaguro@gmail.com](mailto:glenn.otaguro@gmail.com)

### **Paradise Park, Inc.**

3737 Mānoa Road, Honolulu, HI 96822

Phone: 808-946-2966

President: Darryl P. Wong

## Services

### **University of Hawai'i Press**

The University of Hawai'i Press supports the mission of the university of Hawai'i through the publications of books and journals of exceptional merit.

2840 Kolowalu Street, Honolulu, HI 96822

Email: [uhpbooks@hawaii.edu](mailto:uhpbooks@hawaii.edu)

Phone: 808-956-8255

Website: <https://uhpress.hawaii.edu>

**4/26**

### **U.S. Post Office**

Mānoa Marketplace

2754 Woodlawn Drive, Suite 7-101, Honolulu, HI 96822

Phone: 808-532-5689

Website: [www.usps.com](http://www.usps.com)

Hours: Monday - Friday 8:15am - 3:30pm

Saturday 8:30am - 12pm

**4/26**

### **VCA University Animal Hospital**

2728 Woodlawn Drive, Honolulu, HI 96822

Ph: 808-988-2111

Website: <https://vcahospitals.com/university-hi>

Hours: Monday - Sunday 8am- 7pm

**4/26**

# Services

## Education

### **East-West Center**

Established by the U.S. Congress in 1960, the East-West Center promotes better relations and understanding among the people and nations of the United States, Asia and the Pacific through cooperative study, research and dialogue.

1601 East-West Road

Honolulu, HI 96848

Phone: 808-944-7111

Website: [www.eastwestcenter.org](http://www.eastwestcenter.org)

Hours: Monday to Friday 7:45am - 4:30pm

President: Celeste Connors

**4/26**

## Education

### **Honolulu Christian Church Preschool**

Developing the total child in a quality Christian environment.

2207 O'ahu Avenue , Honolulu, HI 96822

Email: [preschool@honoluluchristian.org](mailto:preschool@honoluluchristian.org)

Phone: 808-973-4340 / 808-479-6693

Hours: Monday to Friday 7am - 5pm

Preschool Director: Yanyan Imamura

**4/26**

### **Mānoa Elementary School**

Aloha kōkua laulima kuleana lōkāhi; Together we nurture, empower, and inspire all students.

3155 Mānoa Road, Honolulu, HI 96822

Phone: 808-988-1868

Website: [www.manoaschool.com](http://www.manoaschool.com)

Principal: Jason Okamoto ([Jason.Okamoto@hi.k12.us](mailto:Jason.Okamoto@hi.k12.us))

Vice Principal: Natalie Chung

**4/26**

## Education

### **Mānoa Japanese Language School**

After School program, Grades k-5

2804 East Mānoa Road, Honolulu, HI 96822

Phone: 808-490-5672

Website: <https://manoajapaneselanguageschool.org>

School Director: Aki Okumura

**4/26**

### **Mānoa Kumon Center**

The Mānoa Kumon Center is devoted to promoting a positive learning environment and nurturing a life-long love of learning while developing and maximizing the potential in each Individual student.

The Kumon Math and Reading programs are centered on instilling self-confidence and developing the capability to take on new challenges and learn independently through mastery.

2804 East Mānoa Road, Honolulu, HI 96822

Email: [manoa@ikumon.com](mailto:manoa@ikumon.com)

Phone: 808-256-3589

Website: [www.kumon.com/MANOA](http://www.kumon.com/MANOA)

Instructor: Debra Tajiri

**4/26**

## Education

### **Mānoa Valley Church Preschool**

2728 Huapala Street, Honolulu, HI 96822

Phone: 808-988-3271

Email: [office@manoavalleychurch.org](mailto:office@manoavalleychurch.org)

Office Hours: Monday - Thursday 10am - 2pm

Preschool Director: Evelin Tai (808-988-3271, ext. 114)

Website: <https://manoavalleychurch.org/mvc-preschool>

After School Program Director:

Trisha Honda (808-988-3271, ext. 118)

Website:

<https://manoavalleychurch.org/mvc-after-school-care>

**4/26**

## Education

### **Maryknoll School**

A Pre-K to Grade 12 school rooted in Catholic faith, Maryknoll School is a nurturing and welcoming community that values academic excellence, lifelong learning, service to others, and the courage to imitate Jesus by word and example.

1526 Alexander Street, Honolulu, HI 96822

Email: [info@maryknollschool.org](mailto:info@maryknollschool.org)

Phone: 808-952-8400

Website: [www.maryknollschool.org](http://www.maryknollschool.org)

President: Shana Tong (808-952-7300),

Email: [president@maryknollschool.org](mailto:president@maryknollschool.org)

**4/26**

### **Mid-Pacific Institute**

A preschool through high school college-preparatory community founded on Christian values – nurtures and challenges students to develop intellectual, emotional, artistic, spiritual and physical strengths to become compassionate and responsible lifelong learners and global citizens.

2445 Ka‘ala Street, Honolulu, HI 96822

Email: [info@midpac.com](mailto:info@midpac.com)

Phone: 808-973-5000

Website: [www.midpac.edu](http://www.midpac.edu)

President: Paul Turnbull, Ph.D.

**4/26**

## Education

### **Mo‘O School (Montessori of O‘ahu)**

One-room schoolhouse-style, this ‘āina-based Montessori community co-houses Primary and Elementary programs serving children 3 to 12 years of age.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-114

Honolulu, HI 96822

Email: [admissions@mo-o.org](mailto:admissions@mo-o.org)

Phone: 808-312-9605

Website: [www.mo-o.org](http://www.mo-o.org)

Elementary Guide & Director: Mamie Lawrence Gallagher  
([mamielg@mo-o.org](mailto:mamielg@mo-o.org))

Hours: Monday – Friday 8am – 3:30pm

**4/26**

### **MVT Studio (Mānoa Valley Theatre)**

2833 E. Mānoa Road, Honolulu, HI 96822

Phone: 808-988-6131

**6/24**

## Education

### **Noelani Elementary School**

Noelani provides enriching opportunities to develop lifelong learners who contribute to our global society. Kindergarten to 5th grade.

2655 Woodlawn Drive, Honolulu, HI 96822

Phone: 808-988-1858

Website: [www.nes.k12.hi.us](http://www.nes.k12.hi.us)

Principal: Bryan Gusman ([bgusman@nes.k12.hi.us](mailto:bgusman@nes.k12.hi.us))

**4/26**

### **O‘ahu Bright Lab**

O‘ahu Bright Lab is a fun little space designed to encourage exploration, creativity, and imagination through art.

Mānoa Japanese Language School, 2nd Floor, Rm 5

2804 East Mānoa Road, Honolulu, HI 96822

Email: [oahubrightlab@gmail.com](mailto:oahubrightlab@gmail.com)

Phone: 808-798-7501

Website: [www.oahubrightlab.com](http://www.oahubrightlab.com)

**4/26**

### **Punahou School**

Punahou has long been committed to developing the full potential of students academically, emotionally and morally. The school also strives to graduate socially responsible, engaged citizens of the world by cultivating an enlightened learning environment with encouragement and opportunities for every student.

**33**

## Education

### **Punahou School continued**

1601 Punahou Street, Honolulu, HI 96822

Admission Contact: [www.punahou.edu/contact/office-directory](http://www.punahou.edu/contact/office-directory)

Phone: 808-944-5711

Website: [www.punahou.edu](http://www.punahou.edu)

President: Mike Latham, Ph.D.

**4/26**

### **Tamagusuku Ryu Senjukai Frances Nakachi Ryubu Dojo**

The Tamagusuku Ryu Senja Kai's mission is to spread peace, joy and love by sharing the beauty of Okinawa's Dance Arts to the world, one dance at a time.

Mānoa Japanese Language School

2804 East Mānoa Road, Suite 8 (2nd floor)

Honolulu, HI 96822

Email: [senjukaihawaii@gmail.com](mailto:senjukaihawaii@gmail.com)

Phone: 808-754-2243

**4/26**

### **Tutor Doctor Hawai'i**

Private 1:1 Academic Tutoring;

All core school subjects Pre-K – 12;

Select college courses;

SSAT/Private School Admission and Prep 1:1 Tutoring.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-204 A, Honolulu, HI 96822

Email: [Info-tdhawaii@tutordocor.com](mailto:Info-tdhawaii@tutordocor.com)

Phone: 808-439-6777

**34**

## Education

Website: [www.tutordoctor.com/hawaii/](http://www.tutordoctor.com/hawaii/)

Hours: Monday - Saturday 10am - 5pm

### **University Laboratory School**

A Hawaii public charter school from grades K-12.

1776 University Ave UHS Bldg 3, Rm 121, Honolulu, HI 96822

Website: [www.universitylaboratoryschool.org](http://www.universitylaboratoryschool.org)

Phone: 808-956-7833

### **University of Hawai'i at Mānoa**

E ho'omālamalama i kō mālama

Cultivating the potential within each member of our community.

2500 Campus Road, Honolulu, HI 96822

Phone: 808-956-8111

Website: <https://manoa.hawaii.edu>

President: Wendy F. Hensel, J.D.

### **Voyager Public Charter School**

Voyager is a diverse community of learners, drawing from 26 different zip codes across O'ahu, and we are committed to establishing a culture of Joy in Learning based around our three Core Principles: All One Family, Unity in Diversity, and the Golden Rule.

2428 Wilder Avenue, Honolulu, HI 96822

Email: [voyagerinfo@voyagerpcs.com](mailto:voyagerinfo@voyagerpcs.com)

Phone: 808-521-9770

Website: [www.voyagerschool.com](http://www.voyagerschool.com)

Principal: Elise Price

## Education

### **Walter Dods, Jr. RISE Center**

Student entrepreneurship and innovation center that provides housing for new students.

1810 University Ave

Phone: 808-466-2000

Website: [www.risemanoa.com](http://www.risemanoa.com)

### **X Static Dance Studio**

X Static Dance Studio offers classes for children, teens, and adults. The dance studio welcomes dancers at all levels - beginner to advanced.

Mānoa Marketplace

2752 Woodlawn Drive, Ste 5-203, Honolulu HI, 96822

Phone: 808-221-4613

Website: [www.xstaticds.com](http://www.xstaticds.com)

**4/26**

## Faith-Bases Organizations

### **Buddhist Study Center**

1436 University Ave, Honolulu, HI 96822

Phone: 808-973-6555

### **Church of the Crossroads**

Wherever you are on your life's journey you are welcome here.

1212 University Avenue, Honolulu, HI 96826

Phone: 808-949-2220

Website: [www.churchofthecrossroadshawaii.org](http://www.churchofthecrossroadshawaii.org)

## Faith-Bases Organizations

### **Hawai'i Central Presbyterian Church**

3516 Pilikino Street, Honolulu, HI 96822

Phone: 808-988-9206

Website: <http://hawaiicpc.org>

### **HCPC Living Stones Ministry**

3516 Pilikino Street, Honolulu, HI 96816

Email: [livingstonesem@gmail.com](mailto:livingstonesem@gmail.com)

Phone: 808-807-8008

Worship Hours: Sunday 11:30am

### **Honolulu Christian Church (non-denominational)**

Share God's aloha to da max!

2207 O'ahu Avenue, Honolulu, HI 96822

Email: [office@honoluluchristian.org](mailto:office@honoluluchristian.org)

Phone: 808-973-4340

Website: <https://honoluluchristian.org>

Church Administrator: Nancy Carvalho

Adults Sunday School: 9:15am - 10:15am

Sunday Service: 10:45am

Japanese Service: 8:45am

Children Sunday School: 10:45am - 12pm

### **Honolulu Friends Meeting (Quakers)**

Quakers are members of the Religious Society of Friends.

We worship in silence, unprogrammed, without choirs or sermons, listening for God's message to our hearts.

## Faith-Bases Organizations

### **Honolulu Friends Meeting (Quakers) continued**

2426 O'ahu Avenue, Honolulu, HI 96822

Email: [honolulufriendsmeeting@gmail.com](mailto:honolulufriendsmeeting@gmail.com)

Phone: 808-988-2714

Website: [www.hawaiiquaker.org](http://www.hawaiiquaker.org)

### **Honolulu Japanese Seventh-Day Adventist Church**

To share the everlasting gospel of God's love and grace with all as we prepare for the soon coming of Jesus, and share the gospel of God's love with the world through Culture, Compassion and Community.

Helping residents of Mānoa Valley thrive through classes in health, nutrition, spirituality, parenting, grieving and social events to enjoy ping pong, art, music and nature.

2655 Mānoa Road, Honolulu, HI 96822

Email: [HonoluluJapaneseSDAChurch@yahoo.com](mailto:HonoluluJapaneseSDAChurch@yahoo.com)

Phone: 808-988-4343

Website: [www.honolulujsda.org](http://www.honolulujsda.org)

Pastor & President of the Board: Enoch Brownell

Contact: [enochb@gmail.com](mailto:enochb@gmail.com), 808-500-8475

### **Hale Kōkua o Mānoa Adventist Community Center**

(All ages and cultures welcome)

2655 Manoa Road, Honolulu, HI 96822

Director: Jane Chun

Email: [denmeelee@aol.com](mailto:denmeelee@aol.com)

Phone: 808-988-4344

Website: <http://halekokua.org>

Monday - Friday: 9:00am - 1:00pm

## Faith-Bases Organizations

### **Institute of Religion - The Church of Jesus Christ of Latter-day Saints**

2014 University Ave, Honolulu HI 96822

Phone: 808-946-9922

Website: [www.churchofjesuschrist.org](http://www.churchofjesuschrist.org)

### **Kawaiahaʻo Church**

The church supports the love of God and Hawaiian traditions throughout Hawaiʻi and beyond.

2833 East Mānoa Road, Honolulu, HI 96822

Email: [info@kawaiiahao.org](mailto:info@kawaiiahao.org)

Phone: 808-469-3000

Website: [www.kawaiiahaochurch.com](http://www.kawaiiahaochurch.com)

Pastor: Kenneth Makuakane

### **Koganji Buddhist Temple**

To teach the truth about Jizo Bodhisattva and help anyone who seeks to find peace and happiness through the Jizo Bodhisattva.

2869 Oʻahu Avenue , Honolulu, HI 96822

Phone: 808-988-7214

Website: <http://koganjitemple.org>

Reverend: Jikyu Rose

### **Lin Yee Chung Mānoa Chinese Cemetery**

To facilitate the honoring of ancestors by providing traditional Chinese burial and memorial services, and to promote descendant generations.

3430 East Manoa Road, Honolulu, HI 96822

Phone: 808-988-5543

## Faith-Bases Organizations

President: Charles Wong

**4/26**

### **Mānoa Valley Church**

Mānoa Valley Church is a congregational church of the United Church of Christ, and is a member of the Hawai'i Conference United Church of Christ.

2728 Huapala Street, Honolulu, HI 96822

Phone: 808-988-3271

Website: <https://manoavalleychurch.org>

Senior Pastor: Reverend Abraham Han, [pastor@manoavalleychurch.org](mailto:pastor@manoavalleychurch.org)

Pastor of Children - Family Ministries: Evelin Tai (808-988-3271, ext. 114), [evelin@manoavalleychurch.org](mailto:evelin@manoavalleychurch.org)

After School Program Director: Trisha Honda (808-988-3271, ext. 118), [asc@manoavalleychurch.org](mailto:asc@manoavalleychurch.org)

Hours: Monday - Friday 8am - 4pm

**4/26**

### **Muslim Association of Hawai'i**

1935 'Ale'ō Place, Honolulu, HI 96822

Email: [contact@hawaiimasjid.com](mailto:contact@hawaiimasjid.com)

Phone: 808-947-6263

Website: [www.iio.org](http://www.iio.org)

Imam: Dr. Ismail Elshikh, [shikhna@gmail.com](mailto:shikhna@gmail.com)

**4/26**

## Faith-Bases Organizations

### **Newman Center Hawai'i: Holy Spirit Parish**

We are here to share the gospel of Jesus Christ with the students, faculty and staff of The University of Hawai'i at Mānoa as a Catholic center.

1941 East-West Road, Honolulu, HI 96822

Phone: 808-988-6222

Website: [www.newmanhawaii.org](http://www.newmanhawaii.org)

Pastor: Father Kurt Meyer

Email: [pastor@newmanhawaii.org](mailto:pastor@newmanhawaii.org)

Hours: Monday – Friday 9am – 5pm

### **Our Redeemer Lutheran Church**

We are committed to a ministry of connecting people to Jesus through dynamic worship, Bible study, prayer, making new friends, community service events, support for global missions, and a variety of activities for groups within and outside the Congregation.

1404 University Avenue, Honolulu, HI 96822

Email: [office@ourredeemerlutheran.us](mailto:office@ourredeemerlutheran.us)

Phone: 808-946-4223

Website: <http://ourredeemerlutheran.us>

Pastor: Dallas D. Dubke (Interrim Pastor)

Hours: Monday - Friday: 9am – 1pm

Worship Schedule: Sunday 9am

Bible Study: Wednesday 10am & Sunday 10:30am

### **Pawa'a Community Church**

2009 Oahu Ave, Honolulu, HI 96822

## Faith-Bases Organizations

Phone: 808-330-5877

Website: [www.pawaachurch.org](http://www.pawaachurch.org)

Pastor: Arjay Gruspe

Worship Service: Sunday 11:00am

### **Sacred Heart Catholic Church**

1701 Wilder Ave, Honolulu, HI 96822

Phone: 808-973-2211

### **St. Pius X Catholic Church**

Outreach to families and singles needing assistance and the homeless providing meals, food, clothing and referrals to other organizations for assistance.

2821 Lowrey Avenue, Honolulu, HI 96822

Email: [PiusX@rcchawaii.org](mailto:PiusX@rcchawaii.org)

Phone: 808-988-3308

Website: [www.stpiusxmanoa.com](http://www.stpiusxmanoa.com)

Pastor: Nicholas Brown

Office Hours: Monday – Friday 8:30am – 1pm

### **Streams of Life Fellowship**

We are a fellowship that desires every guest to feel as if they have come home to a warm and wonderful family.

Mānoa Marketplace

2756 Woodlawn Drive, Suite 6-201 Honolulu, HI 96822

Phone: 808-428-0121

Worship Service: Sunday 9:30am

Website: <https://streamsoflife.org>

Mailing Address: 2855 E Manoa Rd, Suite 105-297, Honolulu, HI 96822

## Faith-Bases Organizations

Pastor: Jay Villamin (jayvillastreams@gmail.com)

Pastor: Chelsey Villamin (chelsey.villamin@k12.hi.us)

### **University Avenue Baptist Church**

Multi-generational, multicultural group of people who seek to love God, follow Jesus, tell others, and enjoy the journey.

2305 University Avenue, Honolulu, HI 96822

Email: info@uabchawaii.org

Phone: 808-947-5008

Worship Service: Sunday 9:15am

Website: www.uabchawaii.org

Senior Pastor: Shane Tanigawa, shane@uabchawaii.org

### **Wesley Foundation, United Methodist Campus Ministry**

1918 University Ave, Honolulu, HI 96822

Phone: 808-949-1210

### **Youth With a Mission, Honolulu (YWAM Honolulu)**

YWAM Honolulu is a Christian community that mobilizes missionaries to transform O'ahu and the unreached world with the Gospel of Jesus Christ.

2707 Hipawai Place , Honolulu, HI 96822

Email: office@ywamhonolulu.com

Phone: 808-988-7015

Website: www.ywamhonolulu.com

### **The Garden Honolulu**

A newly founded church rooted in Christ, growing in community, and committed to loving our neighbors well. Whether you're exploring faith or looking for a place to

## Faith-Bases Organizations

### **The Garden Honolulu continued**

belong, you'll find real people, genuine connection, and a place to call home.

2756 Woodlawn Dr Ste 6-201, Honolulu, HI 96822

Website: [thegardenhonolulu.com](http://thegardenhonolulu.com)

Email: [thegardenhonolulu@gmail.com](mailto:thegardenhonolulu@gmail.com)

Instagram: [@thegardenhonolulu](https://www.instagram.com/thegardenhonolulu)

Head Pastor: Reece Foy

Service Times: Sundays at 4:00pm

## Financial Institutions

### **American Savings Bank**

Mānoa Marketplace,

2851 East Mānoa Road, Honolulu, HI 96822

Phone: 808-526-2575 / 808-272-2566

Website: [www.asbhawaii.com/locations/oahu/manoa](http://www.asbhawaii.com/locations/oahu/manoa)

Manager: Aimee Ogata

Hours: Monday - Friday 8:30am - 4pm

Saturday 9am - 1pm

**4/26**

### **Bank of Hawai'i**

2809 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-6224

Website: [www.boh.com/locations/manoa](http://www.boh.com/locations/manoa)

Manager: Ester Sisson

Hours: Monday - Friday 8am - 4pm

Saturday 9am - 1pm, Sunday Closed

**4/26**

## Financial Institutions

### **Central Pacific Bank**

Mānoa Marketplace

2851 East Mānoa Road, Honolulu, HI 96822

Phone: 808-544-0500

Website: [www.cpb.bank/locations/manoa-branch/](http://www.cpb.bank/locations/manoa-branch/)

Branch Manager: Lisa Kimoto

Hours: Monday - Thursday 8:30am - 4pm

Friday 8:30am - 6pm

**4/26**

### **Edward Jones Investments**

Mānoa Marketplace, 2nd Floor

2752 Woodlawn Drive, Suite 5-205, Honolulu, HI 96822

Phone: 808-988-9225

Website: [www.edwardjones.com](http://www.edwardjones.com)

Senior Branch Office Administrator: Sheri Trinidad

Financial Planner: John-David Nako

Hours: Monday - Friday 8:30am - 4:30pm

**4/26**

### **Finance Factors**

2955 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-0240

Manager: Jennifer Tashiro-Liang

Hours: Monday - Thursday 9am - 4pm

Friday 9am - 5pm

**4/26**

## Financial Institutions

### **First Hawaiian Bank**

2733 East Mānoa Road, Honolulu, HI 96822

Phone: 808-973-6481

Website: [www.fhb.com](http://www.fhb.com)

Supervisor: Jennifer Miyashiro

Hours: Monday – Friday 8:30am – 4pm

**4/26**

### **Territorial Savings Bank**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-110, Honolulu, HI 96822

Phone: 808-356-1373

Manager: Jasmine Cho

Hours: Monday – Thursday 9am – 5pm

Friday 9am – 6pm

**4/26**

### **University of Hawai'i Federal Credit Union**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-107, Honolulu, HI 96822

Phone: 808-983-5500

Website: [www.uhfcu.com](http://www.uhfcu.com)

Manager: Alice Sasamura

Hours: Monday – Friday 9am – 5pm

Saturday 9am – 1pm

**4/26**

## Health

### **Brouwers, Gerald, Ph.D. (Clinical Psychologist)**

Serving adolescents, children, families, individuals, and adults.

Mānoa Marketplace, 2nd Floor

2752 Woodlawn Drive, Suite 5-212

Honolulu, HI 96822

Phone: 808-339-3046

**4/26**

### **First Smiles (Pediatric Dentistry)**

Mānoa Marketplace, 2nd Floor

2752 Woodlawn Drive, Suite 5-207

Honolulu, HI 96822

Phone: 808-988-2636

Website: [www.firstsmileshi.com](http://www.firstsmileshi.com)

Emily S. Bordner, DDS

Hours: Tuesday - Wednesday 8am - 5pm, Thursday - Friday

7:30am - 4:30pm, Saturday hours vary

**4/26**

### **Family Programs Hawai'i (Family Strengthening Program)**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-214

Honolulu, HI 96822

Phone: 808-282-0156

Website: <https://familyprogramshawaii.org/program/family-strengthening-center/>

Executive Assistant: Erin Nobriga

Hours: Monday - Friday 9am - 5pm

**4/26**

## Health

### **Footprints Behavioral Interventions**

Footprints Behavioral Interventions offers comprehensive services to individuals with autism and related disorders from infancy to adulthood.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-202

Honolulu, HI 96822

Email: [intake@autismfootprints.com](mailto:intake@autismfootprints.com)

Phone: 800-273-4292

Website: [www.autismfootprints.com](http://www.autismfootprints.com)

**4/26**

### **Harmony Pilates and Physical Therapy**

Harmony Pilates and Physical Therapy strives to create an environment of encouragement, enthusiasm, and professionalism to empower people and help them reach their highest potential in health and life.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-211

Honolulu, HI 96822

Phone: 808-373-2129

Email: [info@harmonypilates.com](mailto:info@harmonypilates.com)

Website: <https://harmonypilates.com>

Owner: Frank Cabral/Melissa Vargo

Office Manager: Stacey Ho'opi'i

**4/26**

## Health

### **Hawai'i Cosmetic Dental LLC**

Committed to providing the highest quality in cosmetic, implant, and family dentistry.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-206, Honolulu, HI 96822

Email: [hcdmanoa@gmail.com](mailto:hcdmanoa@gmail.com)

Phone: 808-988-3500

Website: [www.hawaiicosmeticdental.com](http://www.hawaiicosmeticdental.com)

Honolulu Cosmetic Dentist: Bogdan C. Rosala, DDS, Ph.D.

**4/26**

### **Kato & Shoji Optometrists**

Mānoa Marketplace, 2nd Floor (opposite fire station)

2851 East Mānoa Road, Suite 1-201, Honolulu, HI 96822

Phone: 808-988-7748

Website: [www.katoshoji.net/contact-us/manoa-office.html](http://www.katoshoji.net/contact-us/manoa-office.html)

Glenn Y. Kato, OD

Hours: Monday, Wednesday, Friday 9am – 4:30pm

Saturday 8am – 12pm

**4/26**

### **Kenneth Kau, MD**

Family Medicine

Mānoa Marketplace, 2nd Floor

2756 Woodlawn Drive, Suite 6-202, Honolulu, HI 96822

Phone: 808-988-1806

Hours: Monday – Friday 9am – 5pm

By appointment only

**4/26**

## Health

### **MANO Jiu Jitsu**

MANO Jiu Jitsu was founded to offer a safe and welcoming environment to spread the love of Brazilian jiu-jitsu.

Mānoa Marketplace, Suite 5-218  
2752 Woodlawn Drive, Honolulu, HI 96822  
Email: [manojiujitsuahawaii@gmail.com](mailto:manojiujitsuahawaii@gmail.com)  
Website: [www.manojiujitsu.com](http://www.manojiujitsu.com)  
Director/Instructor: Jun Hyodo  
Phone: 808-429-9405

**4/26**

### **Mānoa Judo Club**

Mānoa Japanese Language School  
2804 East Mānoa Road, Honolulu, HI 96822  
Email: [manoajudoclub@gmail.com](mailto:manoajudoclub@gmail.com)  
Phone: 808-429-8149  
Sensei Ernest Miyamasu

**4/26**

### **Mānoa Chiropractic and Therapeutic Massage**

“It’s Your Life... Live it In Health!”

Mānoa Marketplace, 2nd Floor,  
2851 East Manoa Road, Suite 1-205 Honolulu, HI 96822  
Phone: 808-988-6113  
Email: [manoachiro@gmail.com](mailto:manoachiro@gmail.com)  
Website: [www.manoachiropracticandmassage.com](http://www.manoachiropracticandmassage.com)  
Chiropractor: Dr. Jin Kim

50

## Health

4/26

### **Transformational Living Center**

A holistic, integrative approach incorporating counseling, life skills training, traditional Western psychotherapeutic techniques, and advanced transformational and spiritual healing to treat a variety of physical, emotional, mental, and spiritual problems.

Mānoa Marketplace

2851 East Mānoa Road, Suite 1-203

Honolulu, HI 96822

Email: [dr.laurasturgis@gmail.com](mailto:dr.laurasturgis@gmail.com)

Phone: 808-988-6168

Website: [www.drlauramsturgis.com](http://www.drlauramsturgis.com)

Owner: Laura M. Sturgis, Ph.D.

4/26

## Hostels/Inns

### **Hostelling International - Honolulu**

Cleanest and friendliness hostel on Oahu. Offering comfortable suites and private rooms to provide a perfect base to relay on the island.

2323A Seaview Avenue, Honolulu, HI 96822

Phone: 808-946-0591

Website: [www.hostelsaloha.com](http://www.hostelsaloha.com)

### **Manoa Valley Inn**

2001 Vancouver Drive, Honolulu, HI 96822

Phone: 808-302-7711

Email: [manoainn1@gmail.com](mailto:manoainn1@gmail.com)

51

## Kupuna Care

### **Arcadia**

Arcadia is a Life Plan Community that offers its residents independent living, assisted living and 24-hour skilled-nursing with rehabilitative services, memory care, and long-term care; Arcadia offers guaranteed lifetime care.

1434 Punahou Street

Honolulu, HI 96822

Email: [anne.navarro@arcadia-hi.org](mailto:anne.navarro@arcadia-hi.org) or [info@arcadia.org](mailto:info@arcadia.org)

Phone: 808-533-5416

Website: [www.arcadia.org](http://www.arcadia.org)

Director of Sales: Anne Navarro

**4/26**

## Kupuna Care

### **Caring Mānoa**

We strive to make a positive difference in the lives of our residents, their families, and our staff members, no matter what their various conditions and backgrounds were before joining our community.

Type II Expanded Adult Residential Care Home

2383 Beckwith Street, Honolulu, HI 96822

Email: [info@caringmanoa.com](mailto:info@caringmanoa.com)

Phone: 808-850-5999

Website: [www.caringmanoa.com](http://www.caringmanoa.com)

President & Owner: Todd Pang

Email: [todd@caringmanoa.com](mailto:todd@caringmanoa.com)

**4/26**

### **Kupuna Care Pair**

Kupuna Care Pair is an online platform that saves valuable time for families to understand long term care, and to quickly compare facilities and connect to local care providers in Hawai'i. We help families to sail above the Silver Tsunami.

2383 Beckwith Street, Honolulu, HI 96822

Phone: 808-779-8871

Email: [hello@kupunacarepair.com](mailto:hello@kupunacarepair.com)

Website: [www.kupunacarepair.com](http://www.kupunacarepair.com)

President: Todd Pang

**4/26**

## Kupuna Care

### **Mānoa Cottage**

Where resident care is our first priority. Mānoa Cottage is a small, locally owned and operated family company that takes great pride in the quality of care provided to our residents.

Type II Expanded Adult Residential Care Home

2035 Kamehameha Avenue, Honolulu, HI 96822

Email: [admissions@manoacottage.com](mailto:admissions@manoacottage.com)

Phone: 808-943-8766

Website: [www.manoacottage.com](http://www.manoacottage.com)

Owner/Operating Manager: Dawn Shim

**4/26**

### **Mānoa Gardens Elderly Housing**

A senior community designed for senior living. To qualify for an apartment at Mānoa Gardens Elderly Housing, applicants and all household members must be aged 62 years or older.

2790 Kahaloa Drive, Honolulu, HI 96822

Phone: 808-762-0101

**4/26**

# Kupuna Care

## **Mānoa Senior Care**

To create a beautiful and caring living environment where seniors can get the care and attention they need.

Mānoa Senior Care is comprised of eleven Premier adult residential care homes in Mānoa and Kaimuki; Mānoa Senior Care will also bring the same high quality of care to those who need personal assistance in their own homes.

Type II Expanded Adult Residential Care Home

918 12th Avenue, Suite 1000

Honolulu, HI 96816

Phone: 808-440-0560

Email: [info@manoaseniorcare.com](mailto:info@manoaseniorcare.com)

Tours: Evelyn Toyama

Website: [www.manoaseniorcare.com](http://www.manoaseniorcare.com)

**4/26**

## Non-Profit Organizations

### **Hawai'i Meals on Wheels**

Dedicated to helping O'ahu's elders and individuals with disabilities preserve their independence at home. We do this primarily by providing hot, nutritious meals and regular personal interaction with those we serve.

2245 Nuuanu Ave, Honolulu, HI 96817

P.O. Box 236099, Honolulu, HI 96823

Email: [info@hmow.org](mailto:info@hmow.org)

Phone: 808-988-6747

Hours: Monday - Friday 8am - 4:30pm

Website: [www.hmow.org](http://www.hmow.org)

President: Rick Tabor

Chief Executive Officer: Michelle Cordero-Lee

**4/26**

### **Japanese Cultural Center of Hawai'i**

To be a vibrant resource, strengthening our diverse community by educating present and future generations in the evolving Japanese American experience in Hawai'i.

2454 South Beretania Street

Honolulu, HI 96826

Email: [info@jcchawaii.org](mailto:info@jcchawaii.org)

Phone: 808-945-7633

Website: [www.jcchawaii.org](http://www.jcchawaii.org)

President & Executive Director: Nate Gyotoku

**4/26**

## Non-Profit Organizations

### **Kumuola Foundation (at Lua Alaea)**

To perpetuate Hawaiian Arts and Culture through the legacy laid before us, of people, places, arts and spiritual practices, sustainability and education.

1519 Nuuanu Avenue, Suite 49  
Honolulu, HI 96817  
Email: kumuolahawaii@gmail.com  
Phone: 808-284-6798  
Website: www.kumuolahawaii.com

Executive Director: Pauline “Kuki” Kaiwi Navales  
Farm Operations Manager: Nicholas “Kali” Navales

**4/26**

### **Living Life Source Foundation**

Center of healing, wellness and sustainable living, healing and therapy, including peaceful martial arts training and Qigong.

P.O. Box 10367, Honolulu, HI 96816  
Email: info@livinglifefoundation.org  
Phone: 808-988-1281

CEO: Bruce Keaulani (808-551-6109)  
Secretary, Community Relations Director: Kehaulani Lum (808-754-4918)  
President: Professor Samuel C. Luke

**4/26**

## Non-Profit Organizations

### **Mālama Mānoa**

Our mission is to promote community, to celebrate our cultural diversity and heritage, and to preserve, protect and enhance the special qualities of historic Mānoa Valley.

P.O. Box 283046, Honolulu, HI 96828

Website: [www.malamamanoa.org](http://www.malamamanoa.org)

Email: [malamamanoa12@gmail.com](mailto:malamamanoa12@gmail.com)

Meetings: 2nd Wednesday of each month

(Public Welcome)

President: Thom Benedict

Vice President: Pi'ikea Miller

Secretary: Jan Mitchell

Treasurer: James Hasselman

**4/26**

### **Mānoa Heritage Center**

Mānoa Heritage Center is a 3.5 acre living classroom dedicated to promoting an understanding of the cultural and natural heritage of Hawai'i.

2856 O'ahu Avenue, Honolulu, HI 96822

Email: [contact@manoaheritagecenter.org](mailto:contact@manoaheritagecenter.org)

Phone: 808-988-1287

Website: [www.manoaheritagecenter.org](http://www.manoaheritagecenter.org)

Hours: Monday to Friday 9am - 4pm

**4/26**

## Non-Profit Organizations

### **Mānoa Heritage Center continued**

Executive Director: Jessica Welch

President: Scott Power

Vice President: McKibbin Mist

Secretary: Glenn Mason

**4/26**

### **Mānoa Outdoor Circle**

To keep Hawai'i clean, green and beautiful by preserving, protecting and enhancing our environment.

1314 S. King Street, Suite 306, Honolulu, HI 96814

Email: [manoa@outdoorcircle.org](mailto:manoa@outdoorcircle.org)

Phone: 808-799-8016

Website: [www.outdoorcircle.org/manoa](http://www.outdoorcircle.org/manoa)

President: Gordon Aoyagi

**4/26**

### **Ronald McDonald House Charities**

To provide a home-away-from-home for seriously ill children and their families, and to develop other programs and partnerships aimed at improving the lives of children in Hawai'i and the Pacific.

1970 Judd Hillside Road, Honolulu, HI 96822

Email: [info@rmhchawaii.org](mailto:info@rmhchawaii.org)

Phone: 808-973-5683

## Non-Profit Organizations

### **Ronald McDonald House Charities continued**

Website: [www.ronaldhousehawaii.org](http://www.ronaldhousehawaii.org)

Hours: Monday - Friday 8am to 5pm

President: Edward Nishioka

**4/26**

### **YWCA O'ahu Fernhurst**

The only community-based furlough program in the state dedicated to empowering women to successfully transition from prison back into the 1566 Wilder Avenue community.

1566 Wilder Avenue, Honolulu, HI 96822

Phone: 808-941-2231

Website: [www.ywcaoahu.org/fernhurst](http://www.ywcaoahu.org/fernhurst)

Email: [info@ywcaoahu.org](mailto:info@ywcaoahu.org)

Program Manager: Alaisa Skelton

**4/26**

## Restaurants

### **Andy's Sandwiches & Smoothies**

Freshly made sandwiches, salads, soups, smoothies, and baked goods.

2904 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-6161

Website: [www.andyssandwiches.com](http://www.andyssandwiches.com)

Hours: Monday – Friday 7am – 4pm

**4/26**

### **Asia Mānoa Chinese Restaurant**

Simple storefront restaurant serves familiar Chinese dishes, plus combo platters and daily specials.

2801 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-2828

Hours: Daily 10:30am – 9pm

**4/26**

### **Bangkok Chef**

2955 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-0212

Website: [www.bangkokchefexpress.com](http://www.bangkokchefexpress.com)

Hours: Monday – Saturday 10:30am – 8pm

Sunday 11am – 8pm

**4/26**

### **Brug Bakery**

Japanese bakery from Hokkaido

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-108, Honolulu, HI 96822

61

## Restaurants

### **Brug Bakery continued**

Phone: 808-945-2200 / 808-589-2200

Website: <http://brugbakery.com>

Manager: Jordan Higuchi

Hours: Daily 8am – 6pm

**4/26**

### **Feast**

Hawaiian Cuisine, Gourmet Specials

2970 East Mānoa Road Honolulu, HI 96822

Email: [feast808@yahoo.com](mailto:feast808@yahoo.com)

Phone: 808-840-0488

Website: [www.feastrestauranthawaii.com](http://www.feastrestauranthawaii.com)

Owner/Chef: Jon Matsubara

Hours:

Tuesday – Thursday, Saturday: Lunch: 11am – 2pm

Tuesday – Thursday, Saturday: Dinner: 4pm – 6pm

Friday: Lunch: 11am – 2pm, Dinner 4pm – 7pm

**4/26**

### **Fendu Boulangerie Bakery**

European-style bakery

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-119 Honolulu, HI 96822

Email: [fendu@outlook.com](mailto:fendu@outlook.com)

Phone: 808-988-4310

Chef/Owner: Niel K. Koep

Hours: Monday – Sunday 7:30am – 3pm

**62**

## Restaurants

4/26

### **Island Brew Coffeehouse**

1810 University Ave, Honolulu, HI 96822

(Located within UH Atherton/RISE)

Daily 7am to 4pm

Website: [www.islandbrewcoffeehouse.com/manoa.html](http://www.islandbrewcoffeehouse.com/manoa.html)

4/26

### **Island Subs & Burgers**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-118 Honolulu, HI 96822

Email: [gillbertchoi@gmail.com](mailto:gillbertchoi@gmail.com)

Phone: 808-988-2685

Hours: Monday - Saturday 10am - 7pm

Sunday 10:30am - 3pm

4/26

### **Island Manapua Factory**

Dim Sum, Chinese, Takeout

Mānoa Marketplace

2752 Woodlawn Drive, Honolulu, HI 96822

Phone: 808-988-5441

Hours: Monday - Saturday 8:30am - 8pm

Sunday 8:30am - 4:30pm

4/26

## Restaurants

### **L&L Hawaiian Barbecue**

Local favorites for Dine In, Take Out, Catering

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-111, Honolulu, HI 96822

Phone: 808-988-4979

Website: [www.hawaiianbarbecue.com/locations/manoa-marketplace/](http://www.hawaiianbarbecue.com/locations/manoa-marketplace/)

Owner: Queenie ([queenieung@yahoo.com.hk](mailto:queenieung@yahoo.com.hk))

Hours: Monday - Sunday 8am - 8pm

**4/26**

### **Lady Elaine Restaurant & Wine Bar**

A Mediterranean-inspired gathering place.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-111, Honolulu, HI 96822

Phone: 808-888-3030

Hours: Monday - Saturday 11am - 2pm, 5pm - 9pm

**4/26**

### **Le Crepe Café**

We strive daily to provide our guests with fresh, natural ingredients

Mānoa Marketplace

2752 Woodlawn Drive, Suite 6-101 Honolulu, HI 96822

Email: [soufiane@lecrepecafe.com](mailto:soufiane@lecrepecafe.com)

Phone: 808-429-8240

Website: [www.lecrepecafe.com](http://www.lecrepecafe.com)

64

## Restaurants

### **Le Crepe Café continued**

Owner: Soufiane Bouharkat

Hours: Daily 9am - 8pm

**4/26**

### **Lē'ahi Health Mānoa**

Offering plant-based food and drinks.

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-117A Honolulu, HI 96822

Order online at [www.leahihealth.com](http://www.leahihealth.com)

Owner: Jason Coleman

Hours: Monday - Sunday 8am - 5pm

**4/26**

### **Little Plum Restaurant**

Casual family eatery serving local Asian cuisine

2752 Woodlawn Drive Suite 5-101, Honolulu, HI 96822

Phone: 808-888-0330

Hours: Monday - Saturday: 11am - 2pm, 5pm - 9pm

**4/26**

### **Generations Ballroom**

If you're looking for a ballroom for your event, we're here to help. We have a variety of tastes and flavors for your event's menu, including local, Japanese, and American traditions.

## Restaurants

### **Generations Ballroom continued**

2454 South Beretania Street, 5th Floor, Honolulu, HI 96826

Phone: 808-945-7633 ext. 25 or 808-218-6725

Website: [www.jcchawaii.org/generationsballroom](http://www.jcchawaii.org/generationsballroom)

Email: [ballroom@jcchawaii.org](mailto:ballroom@jcchawaii.org)

Executive Chef: Jason Takemura

Sales Manager: David Webb, [david@bamboocatering.net](mailto:david@bamboocatering.net)

**4/26**

### **Mānoa Sushi**

Mānoa Marketplace

2752 Woodlawn Drive Suite 5-109, Honolulu, HI 96822

Phone: 808-988-5577

Email: [manoa-sushi@gmail.com](mailto:manoa-sushi@gmail.com)

Hours: Monday – Friday 10am – 6:30pm

Saturday - Sunday 10am – 4pm

**4/26**

### **McDonald's**

Mānoa Marketplace

2915 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-2219

Website: [www.mcdonalds.com/us/en-us/location/hi/honolulu/2915-e-manoa-rd/4903.html](http://www.mcdonalds.com/us/en-us/location/hi/honolulu/2915-e-manoa-rd/4903.html)

honolulu/2915-e-manoa-rd/4903.html

Hours: Monday - Saturday 6am - 11pm

Sunday 6am - 10pm

**4/26**

## Restaurants

### **Morning Glass Coffee**

2955 East Mānoa Road, Honolulu, HI 96822

Phone: 808-673-0065

Email: [info@morningglasscoffee.com](mailto:info@morningglasscoffee.com)

Website: [www.morningglasscoffee.com](http://www.morningglasscoffee.com)

Co-Owner: Mahina Reppun

Hours: Tuesday - Thursday 8am - 1pm

Friday - Sunday 8am - 2pm

**4/26**

### **Nishi Moncho Ramen**

Mānoa Marketplace

2851 East Mānoa Road, Suite 103 Honolulu, HI 96822

Phone: 808-988-9928

Owner: Kong Lam

Hours: Daily 10:30am - 9pm

Website: [www.nishimonchoramenhi.com](http://www.nishimonchoramenhi.com)

**4/26**

### **O-Bok Korean Restaurant**

Mānoa Marketplace

2756 Woodlawn Drive, Suite 6-104 Honolulu, HI 96822

Phone: 808-988-7702

Website: <https://o-bok-korean-restaurant.restaurants-world.com>

Hours: Tuesday - Sunday 10am - 8pm

**4/26**

## Restaurants

### **Off the Hook Poke Market**

2908 East Mānoa Road

Honolulu, HI 96822

Phone: 808-800-6865

Website: [www.offthehookpokemarket.com](http://www.offthehookpokemarket.com)

Hours: Monday – Saturday 10am – 6pm

**4/26**

### **Pho Viet Thien Hong Restaurant**

Mānoa Marketplace

2756 Woodlawn Drive, Suite 6-203

Honolulu, HI 96822

Phone: 808-988-8868

Hours: Wednesday - Monday 10am - 8pm

Closed on Tuesday

**4/26**

### **Rainbow's End Snack Shop**

3737 Manoa Road, Honolulu, HI 96822

Phone: 808-988-1978

Hours: Daily 8am - 5:30pm

**4/26**

### **Red Pepper Korean BBQ**

Mānoa Marketplace

2255 East Mānoa Road, Suite 1-102 Honolulu, HI 96822

Phone: 808-988-1088

Owner: Suzy Bin

## Restaurants

### **Red Pepper Korean BBQ continued**

Hours: Daily 10:30am – 8pm

**4/26**

### **Serg's Mexican Kitchen**

Serving Mexican classics for breakfast, lunch and dinner.

2740 East Mānoa Road

Honolulu, HI 96822

Email: sergskitchen@gmail.com

Phone: 808-988-8118

Manager: Jade

Hours: Monday – Friday 11am – 9pm

Saturday - Sunday 10am – 9pm

**4/26**

### **Starbucks Coffee**

2902 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-9295

Manager: Emerson Lewis

Hours: Monday – Sunday 4:30am – 9pm

**4/26**

### **Subway**

Mānoa Marketplace

2851 East Mānoa Road, Suite 5-106, Honolulu, HI 96822

Phone: 808-988-1666

69

## Restaurants

### **Subway continued**

Hours: Monday - Saturday 7:30am - 8pm,  
Sunday 8am - 7:30pm

**4/26**

### **Waioli Kitchen & Bake Shop (Salvation Army)**

Mānoa Valley breakfast/lunch with pastries and serene open-air dining

2950 Mānoa Road, Honolulu, HI 96822

Phone: 808-744-1619

Website: [www.waiolikitchen.com](http://www.waiolikitchen.com)

Hours: Tuesday - Saturday 8am - 1pm

**4/26**

### **Waipuna Sushi**

2801-B East Mānoa Road, Honolulu, HI 96822

Email: [waipunasushi@gmail.com](mailto:waipunasushi@gmail.com)

Phone: 808-988-1200

Website: <http://waipunasushi.com>

Hours: Daily 9:30am - 6pm

**4/26**

## Restaurants

### **Uncle Paul's Store**

Specialty retail and bottle shop run by sommeliers, bartenders, and chefs. Gourmet foods, dining and bar accessories books, magazines, maps & gifts

2752 Woodlawn Drive Suite 5-100 Honolulu, HI 96822

Hours: Monday - Saturday 10am to 7pm

**4/26**

## Restaurants

### Community Resources, Retail

#### **Aloha Mānoa /Mānoa Mart**

Gas station and convenience store.

3001 East Mānoa Road (at Lowry Avenue)

Honolulu, HI 96822

Phone: 808-988-5111

Manager: Codi Song

Hours: Daily 6am – 10pm

**4/26**

#### **Choco le`a**

Bringing peace to our world, one chocolate at a time.

Mānoa Square

2909 Lowrey Avenue, Honolulu, HI 96822

Email: [hello@chocolea.com](mailto:hello@chocolea.com)

Phone: 808-371-2234

Website: [www.chocolea.com](http://www.chocolea.com)

Owner: Erin Kanno Uehara

Hours: Wednesday - Saturday 10am – 5pm

**4/26**

72

## Community Resources, Retail

### **Edible Arrangements**

Our Mission is simply To WOW You!

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-116

Honolulu, HI 96822

Phone: 808-988-3784

Website: [www.ediblearrangements.com](http://www.ediblearrangements.com)

Hours: Monday – Saturday 9am – 6pm

**4/26**

### **Farmers' Market at Mānoa Marketplace**

Mānoa Marketplace hosts a Farmers' Market several days a week for local vendors to sell local fruits, vegetables and flowers, as well as arts and crafts.

Mānoa Marketplace

2752 Woodlawn Drive Honolulu, HI 96822

Website: <http://manoamarketplacehawaii.com/farmers-market/>

Hours: Tuesday, Thursday, Sunday 7am – 2pm

Closed on Holidays

**4/26**

### **Hawai'i Doggie Bakery**

We handcraft fresh baked, healthy innovative treats for dogs using quality local Hawaiian ingredients and nurture a community that celebrates the love of canines.

Mānoa Square

73

## Community Resources, Retail

### **Hawai'i Doggie Bakery (continued)**

2961C East Mānoa Road, Honolulu, HI 96822

Email: [woof@hawaiidoggiebakery.org](mailto:woof@hawaiidoggiebakery.org)

Phone: 808-783-7390

Website: <https://hawaiidoggiebakery.org>

Hours: Monday, Wednesday – Sunday 10am – 3pm

**4/26**

### **Kay's Crackseed**

Mānoa Marketplace

2752 Woodlawn Drive, Suite 5-117B

Honolulu, HI 96822

Phone: 808-988-4338

Website: <https://kayscrackseedhawaii.com/>

Owner: Mei Chang

Hours: Monday – Saturday 9am – 5pm

Sunday 9am – 3pm

**4/26**

### **Ko'olau Gallery**

Mānoa Marketplace

Phone: 808-951-6494 / 808-988-4147

Art Shows / Farmer's Market

Owner: Linda Doell

See "Farmer's Market at Manoa Marketplace" for Hours &

Website

**4/26**

## Community Resources, Retail

### **Kū Acupuncture and Day Spa**

2631 Oahu Ave, Honolulu, HI 96822

Phone: 808-721-1489

Website: [www.kudayspa.com](http://www.kudayspa.com)

Hours: Monday – Saturday 9am – 6pm

**4/26**

### **Lokahi Dog Grooming**

Mānoa Square

2909 Lowrey Aveue #E, Honolulu, HI 96822

Phone: 808-382-8644 (text preferred)

Hours: Monday, Thursday, Friday, Sunday: 9am - 4pm

Wednesday 9:30am - 4pm

Tuesday, Saturday: Closed

**4/26**

### **Longs Drugs**

Mānoa Marketplace

2750 Woodlawn Drive, Honolulu, HI 96822

Phone: 808-988-2151

Manager: Cristopher Stevenson

Assistant Manager: Ollie Rezentes

Store Hours: Daily 7am – 12am.

Pharmacy Hours: Monday – Friday 8am – 1:30pm, 2pm - 8pm

Saturday 8am - 1:30pm, 2pm - 7pm

Sunday 8am – 1:30pm, 2pm - 6pm

**4/26**

## Community Resources, Retail

### **Mānoa Marketplace**

The center is located in the beautiful Mānoa Valley, about one mile from the University of Hawai'i at Mānoa. We offer a wide variety of shops, restaurants, weekly farmers markets, medical and financial services, including Safeway, Longs Drug and McDonald's. We invite you to spend the day with us to shop, eat and relax in the lovely natural environment of Mānoa.

2752 Woodlawn Drive, Honolulu, HI 96822

Mailing Address:

822 Bishop Street, Honolulu, HI 96813

Website: [www.ManoaMarketplacehawaii.com](http://www.ManoaMarketplacehawaii.com)

Management Office: 808-525-6692,

[propertymanagement@abhi.com](mailto:propertymanagement@abhi.com)

Leasing Office: 808.525.6662, [leasing@abhi.com](mailto:leasing@abhi.com)

**4/26**

### **Mānoa Service Texaco**

Full service station.

Mānoa Marketplace

2927 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-3622

Manager: Renee

Hours: Monday – Saturday 5am – 10pm

Sunday 6am – 10pm

**4/26**

## Community Resources, Retail

### **Safeway**

Longtime supermarket chain carrying brand-name and house-label groceries, plus a deli, bakery and more.

Mānoa Marketplace

2855 East Mānoa Road, Honolulu, HI 96822

Phone: 808-988-2058

Store Manager: Chris Brannum

Hours: Daily Open 24 Hours

**4/26**

### **Stanley Ito Florist**

2970 E Manoa Road, Honolulu, HI 96822

Email: itolicros@yahoo.com

Phone: 808-631-2368

Website: [www.itoflorist.com](http://www.itoflorist.com)

Facebook/Instagram @Stanleyitoflorist

Hours: Monday 10am - 2pm, Tuesday 8am - 3pm, Thursday/

Friday 8am - 3pm, Saturday 8am - 4pm

Wednesday: Closed

**4/26**

### **UPS Store**

Mānoa Marketplace

2855 E. Mānoa Road, Suite 105, Honolulu, HI 96822

Email: [store7316@theupsstore.com](mailto:store7316@theupsstore.com)

Phone: 808-888-2392

## Community Resources, Retail

### **UPS Store continued**

Website: <http://locations.theupsstore.com/hi/honolulu/2855-e-manoa-road>

Owner: Lyle Matsuoka

Hours: Monday - Friday 8am - 6pm

Saturday 9am - 5pm, Sunday 10am - 3pm

**4/26**

### **7-Eleven / Hele Gas Station**

2028 Wilder Ave, Honolulu, HI 96822

Phone: 808-947-9448

Hours: Daily Open 24 hours

**4/26**

## Mānoa Valley Trails

**There are currently three trailheads located within the Mānoa Valley:**

1) The Mānoa Falls trail located at the end of Mānoa Road by Lyon Arboretum.

2) & 3) The Pu'u Pia and Kolowalu trails are both accessible from Alani Lane.





P.O. Box : 283046  
Honolulu, Hawai'i 96828  
[www.malamaomanoa.org](http://www.malamaomanoa.org)